

2023 Results

Coveathlon #4: 1K Swim + 5K Run & Relays

Place	Time	First	Last	Team	Gender	Age Group	Swim Time	Swim Place	T1	Run Time	Run Place	Gender Place	Division Place	Individual Points	Wave
1	31:07:00	Daniel	Jacobson	Fleet Feet Laguna Niguel	M	30-39	13:22	4	0:36	17:09	4	1	1	20	1
2	32:10:00	Christopher	Pukszta	South Coast Roadrunners	M	20-29	12:30	2	0:49	18:51	9	2	1	18	1
3	32:21:00	Ryan	Lewis	Pure Ride Cycles	M	30-39	15:03	21	0:32	16:46	1	3	2	14	1
3	32:21:00	Robert	Margalis		M	40-49	12:16	1	0:33	19:32	13	3	1	16	1
5	33:24:00	Dylan	Bridges-Oliva	Breakfast Burrito Club	M	30-39	14:21	9	0:44	18:19	6	5	3	6	1
6	34:38:00	Dominik	Kuhn		M	30-39	16:20	35	1:21	16:57	2	6	4	4	1
7	34:39:00	Alfredo	Valdes Islas	Newport Coast Tri Team	M	30-39	16:31	38	0:45	17:23	5	7	5	2	1
8	34:53:00	Scott	Gaitan	Fleet Feet Laguna Niguel	M	50-59	13:56	5	0:31	20:26	23	8	1	10	1
9	35:04:00	Gus	Aguilar	Strive Omni Sport	M	40-49	14:24	10	0:59	19:41	14	9	2	8	1
10	35:23:00	Mike	Collins	Nova/Seals	M	50-59	13:06	3	0:51	21:26	31	10	2	8	1
11	35:58:00	Mark	Haskins	Laguna Beach Track Club	M	50-59	15:02	20	0:41	20:15	19	11	3	6	1
12	36:19:00	Brady	O'Bryan	Breakfast Burrito Club	M	30-39	16:31	38	0:51	18:57	10	12	6	2	1
13	36:21:00	Matthew	Marak		M	30-39	16:42	42	0:56	18:43	8	13	7	2	2
14	36:29:00	Matt	McCutchen	Laguna Beach Track Club	M	50-59	15:10	24	0:54	20:25	22	14	4	4	1
15	36:35:00	Bill	Lackey	Strive Omni Sport	M	50-59	16:33	40	0:44	19:18	12	15	5	2	1
16	36:42:00	Henri	Morales	Fleet Feet Laguna Niguel	M	50-59	15:37	29	1:07	19:58	17	16	6	2	3
17	36:46:00	James	Toner	Laguna Beach Track Club	M	50-59	15:20	28	0:37	20:49	28	17	7	2	1
18	37:02:00	Mark	Fewell		M	50-59	14:10	7	0:59	21:53	39	18	8	2	1
19	37:19:00	Jade	Berniard	South Coast Roadrunners	F	30-39	14:59	18	0:40	21:40	35	1	1	20	1
20	37:32:00	Jerry	Rothschild	Ferrari of NB Multisport Racing	M	50-59	15:01	19	1:06	21:25	30	19	9	2	1
21	38:02:00	Greg	Moe		M	30-39	18:00	63	1:02	19:00	11	20	8	2	2
22	38:06:00	Mark	Milam		M	50-59	16:29	36	0:58	20:39	25	21	10	2	3
23	38:15:00	Emma	York	Fleet Feet Laguna Niguel	F	30-39	15:14	26	0:39	22:22	48	2	2	16	1
24	38:19:00	George	Serbia	Newport Coast Tri Team	M	60-69	14:07	6	0:53	23:19	61	22	1	10	1
25	38:32:00	Max	Biessmann	Nova/Seals	M	30-39	16:07	31	0:54	21:31	33	23	9	2	1
26	38:35:00	Chris	Davis	Ferrari of NB Multisport Racing	M	50-59	14:39	15	1:41	22:15	47	24	11	2	1
27	38:36:00	Dylan	Trauger	Merrill Lynch	M	30-39	17:34	57	1:16	19:46	15	25	10	2	2
28	38:44:00	Justin	Tolentino	South Coast Roadrunners	M	30-39	19:28	84	0:50	18:26	7	26	11	2	2
29	38:50:00	Astrid	Collins	Nova/Seals	F	40-49	15:05	22	0:37	23:08	58	3	1	16	1
30	38:52:00	Tristan	Saltonstall		F	20-29	14:56	16	1:02	22:54	55	4	1	14	1
31	38:58:00	Dan	Smedley	Newport Coast Tri Team	M	50-59	15:42	30	0:50	22:26	50	27	12	2	1
31	38:58:00	Allison	Kari	South OC Masters	F	40-49	14:24	10	0:31	24:03:00	70	5	2	8	1
33	39:23:00	Tony	Arreola	Nova/Seals	M	40-49	18:46	76	0:45	19:52	16	28	3	6	1
34	39:28:00	Adam	Harita	Rosary Aquatics	M	50-59	17:10	46	0:58	21:20	29	29	13	2	1
35	39:40:00	Tiffany	Symes	ClubSport Aliso Viejo	F	30-39	14:29	13	0:51	24:20:00	72	6	3	6	1
36	40:05:00	Jennifer	Chebi	Newport Coast Tri Team	F	40-49	17:10	46	0:48	22:07	44	7	3	6	1
37	40:07:00	Kevin	Drisko		M	50-59	17:00	44	1:25	21:42	36	30	14	2	3
38	40:17:00	Mark	Mowrey		M	50-59	17:21	50	1:17	21:39	34	31	15	2	3
39	40:25:00	Ryan	Mongan		M	50-59	17:45	59	0:46	21:54	40	32	16	2	1
40	40:30:00	Matt	Aguirre	Newport Coast Tri Team	M	30-39	19:04	78	0:38	20:48	26	33	12	2	2
41	40:35:00	Baher	Abdelgawad	Newport Coast Tri Team	M	40-49	17:47	60	0:47	22:01	41	34	4	4	2
42	40:37:00	Cam	Vetter	Rausch Physical Therapy	M	20-29	17:24	51	1:24	21:49	38	35	2	8	2
43	40:42:00	Jenn	Borie		F	40-49	18:20	71	0:52	21:30	32	8	4	4	1
44	41:04:00	Michael	Hastings	South OC Masters	M	50-59	16:29	36	0:46	23:49	68	36	17	2	1
45	41:12:00	Lizard	Larson	Newport Coast Tri Team	F	40-49	17:32	56	1:26	22:14	46	9	5	2	1
46	41:17:00	John	Steed	Newport Coast Tri Team	M	50-59	18:09	65	1:03	22:05	43	37	18	2	3
47	41:18:00	Jennifer	Fritzsche		F	50-59	19:46	87	0:44	20:48	26	10	1	10	5
48	41:31:00	Ivan	Rokos		M	50-59	17:18	49	1:39	22:34	53	38	19	2	3

Place	Time	First	Last	Team	Gender	Age Group	Swim Time	Swim Place	T1	Run Time	Run Place	Gender Place	Division Place	Individual Points	Wave
48	41:31:00	Raul	Tabares	UCI Triathlon	M	19under	17:03	45	0:51	23:37	66	38	1	10	1
50	41:42:00	Diane	Ste-Marie	Newport Coast Tri Team	F	60-69	17:14	48	0:53	23:35	64	11	1	10	5
51	41:52:00	Matt	Lawton	Laguna Beach Track Club	M	40-49	17:53	62	0:40	23:19	61	40	5	2	2
52	42:02:00	Kevin	Clarke		M	50-59	17:44	58	1:46	22:32	52	41	20	2	3
53	42:15:00	Clay	Simons	Rausch Physical Therapy	M	20-29	14:13	8	0:39	27:23:00	101	42	3	6	1
54	42:18:00	Jason	Wolfe		M	40-49	19:10	80	1:22	21:46	37	43	6	2	2
55	42:23:00	Eric	Sickinger	Strive Omni Sport	M	40-49	18:44	74	1:15	22:24	49	44	7	2	2
56	42:35:00	Ivan	Stanojkovic		M	30-39	16:19	34	0:55	25:21:00	80	45	13	2	2
57	42:42:00	Brian	Amende	Newport Coast Tri Team	M	40-49	18:12	67	0:51	23:39	67	46	8	2	2
58	42:49:00	Lindsey	Engel		F	20-29	14:29	13	1:11	27:09:00	98	12	2	8	1
59	42:52:00	Gracie	Johnson	Nova/Seals	F	30-39	19:57	90	0:44	22:11	45	13	4	4	4
60	42:58:00	Yvonne	Hall	South OC Masters	F	50-59	17:26	55	0:35	24:57:00	78	14	2	8	1
61	43:16:00	Brian	Worek		M	20-29	19:41	86	1:04	22:31	51	47	4	4	2
62	43:21:00	Kristin	Harrer	Newport Coast Tri Team	F	40-49	18:09	65	1:14	23:58	69	15	6	2	4
63	43:26:00	Alexandra	Macias	Fleet Feet Laguna Niguel	F	50-59	17:25	53	1:25	24:36:00	75	16	3	6	5
64	43:34:00	Jackie	Lee	South Coast Roadrunners	F	40-49	14:58	17	1:18	27:18:00	100	17	7	2	1
65	43:57:00	Courtney	Knapp	Strive Omni Sport	F	60-69	18:45	75	0:45	24:27:00	73	18	2	8	5
66	44:18:00	John	McCann	Strive Omni Sport	M	50-59	18:14	68	1:26	24:38:00	76	48	21	2	3
67	44:23:00	Amanda	Siegel		F	20-29	18:16	70	0:38	25:29:00	82	19	3	6	4
68	44:58:00	Troy	Wathen	Newport Coast Tri Team	M	50-59	17:24	51	0:50	26:44:00	95	49	22	2	3
69	45:03:00	Devin	Alexander	Newport Coast Tri Team	M	50-59	21:25	101	0:27	23:11	59	50	23	2	2
70	45:18:00	Brian	Pelanda		M	30-39	22:46	118	2:09	20:23	21	51	14	2	2
71	45:35:00	John	Lux		M	40-49	21:36	105	1:04	22:55	56	52	9	2	2
72	45:38:00	Camille	Jacobson	Fleet Feet Laguna Niguel	F	30-39	16:34	41	1:28	27:36:00	103	20	5	2	1
73	45:45:00	Ryan	Vieau	South Coast Roadrunners	M	40-49	22:47	120	2:21	20:37	24	53	10	2	2
74	45:46:00	Patricia	Naruse	Newport Coast Tri Team	F	60-69	18:14	68	0:49	26:43:00	94	21	3	6	1
75	45:49:00	Katelyn	Mueller		F	30-39	21:36	105	1:00	23:13	60	22	6	2	4
76	46:06:00	Tim	Welsh		M	50-59	17:48	61	1:40	26:38:00	93	54	24	2	3
77	46:12:00	Thomas	Saeman	Nova/Seals	M	50-59	18:35	73	1:08	26:29:00	90	55	25	2	3
78	46:20:00	Victoria	Jackson		F	40-49	21:18	98	1:35	23:27	63	23	8	2	4
79	46:29:00	Kellen	Pizarro	South Coast Roadrunners	M	19under	15:11	25	2:53	28:25:00	110	56	2	8	2
80	46:42:00	Kelsey	Mezrahi	Strive Omni Sport	F	30-39	20:03	92	1:29	25:10:00	79	24	7	2	4
81	46:49:00	Alicia	Light	Team Elite	F	50-59	22:33	117	1:09	23:07	57	25	4	4	5
82	46:57:00	Bill	Martin	Newport Coast Tri Team	M	30-39	19:50	88	1:26	25:41:00	83	57	15	2	2
82	46:57:00	Gregg	Booth	South OC Masters	M	60-69	19:19	82	0:33	27:05:00	97	57	2	8	3
84	46:59:00	Isabella	Jew	South Coast Roadrunners	F	19under	16:18	33	1:55	28:46:00	113	26	1	10	4
85	47:02:00	Elena	Walz	Rosary Aquatics	F	19under	19:22	83	1:10	26:30:00	92	27	2	8	4
86	47:09:00	Andrea	Salazar	Rosary Aquatics	F	19under	19:29	85	0:45	26:55:00	96	28	3	6	4
87	47:25:00	arland	van horn	Strive Omni Sport	F	50-59	19:08	79	1:07	27:10:00	99	29	5	2	5
88	47:39:00	Joseph	Symes		M	40-49	21:10	96	1:35	24:54:00	77	59	11	2	2
89	47:43:00	Floh	Wasko	Strive Omni Sport	F	50-59	22:55	123	1:13	23:35	64	30	6	2	5
90	47:49:00	Kristen	Kowalczyk		F	20-29	18:20	71	2:01	27:28:00	102	31	4	4	4
91	47:55:00	Joel	Rodgers		M	60-69	17:25	53	1:13	29:17:00	116	60	3	6	3
92	48:04:00	Sofia	Salazar	Rosary Aquatics	F	19under	18:00	63	0:59	29:05:00	115	32	4	4	4
93	48:05:00	Jim	Zhu	Newport Coast Tri Team	M	50-59	25:33:00	134	0:30	22:02	42	61	26	2	3
94	48:19:00	Chris	Tuason	South Coast Roadrunners	M	40-49	21:55	109	1:01	25:23:00	81	62	12	2	2
95	48:40:00	Sarah	Didier	Fearless Endurance	F	30-39	21:31	104	0:52	26:17:00	88	33	8	2	4
96	48:58:00	Kathryn	McLeland	Nova/Seals	F	30-39	14:28	12	1:01	33:29:00	136	34	9	2	1
97	49:14:00	Rich	Brennen	Team Elite	M	60-69	21:57	110	1:25	25:52:00	84	63	4	4	3
98	49:24:00	Peter	Henziak	Merrill Lynch	M	40-49	21:16	97	2:04	26:04:00	87	64	13	2	2

Place	Time	First	Last	Team	Gender	Age Group	Swim Time	Swim Place	T1	Run Time	Run Place	Gender Place	Division Place	Individual Points	Wave
99	49:26:00	Matt	Michnewich	South Coast Roadrunners	M	30-39	23:46	130	1:32	24:08:00	71	65	16	2	2
100	50:28:00	Jim	Galloway	Strive Omni Sport	M	60-69	21:02	95	1:50	27:36:00	103	66	5	2	3
101	50:42:00	Simone	Schiavo	Nova/Seals	M	40-49	16:45	43	2:04	31:53:00	130	67	14	2	2
102	50:51:00	Nat	Doersam		M	50-59	19:17	81	1:00	30:34:00	124	68	27	2	3
103	51:29:00	Maurice	Daoud	Strive Omni Sport	M	50-59	21:36	105	1:22	28:31:00	111	69	28	2	3
104	52:13:00	Kevin	Hernandez	Nova/Seals	M	30-39	22:51	122	2:53	26:29:00	90	70	17	2	2
105	52:34:00	Joshua	Patrick	Fleet Feet Laguna Niguel	M	40-49	25:44:00	137	0:55	25:55:00	86	71	15	2	2
106	52:38:00	Chuck	Davidson		M	50-59	23:24	127	1:24	27:50:00	107	72	29	2	3
107	53:01:00	Dana	Gilchrist	South OC Masters	F	50-59	22:25	115	2:37	27:59:00	108	35	7	2	5
108	53:07:00	Christine	Kenney		F	30-39	22:01	111	2:20	28:46:00	113	36	10	2	4
109	53:20:00	Kristen	Thorkelson	Laguna Beach Track Club	F	50-59	21:20	100	1:55	30:05:00	121	37	8	2	5
110	53:36:00	Mary	Byrne	Fearless Endurance	F	50-59	19:56	89	1:45	31:55:00	131	38	9	2	5
111	53:44:00	Tyler	Huntley	Newport Coast Tri Team	M	30-39	24:27:00	131	1:40	27:37:00	105	73	18	2	2
112	54:03:00	Rebecca	Burch	Newport Coast Tri Team	F	50-59	21:30	103	1:58	30:35:00	125	39	10	2	5
113	54:07:00	Katherine	Lasiter	Newport Coast Tri Team	F	50-59	23:02	125	1:39	29:26:00	117	40	11	2	5
114	55:10:00	Courtney	Fretwell		F	30-39	23:02	125	1:33	30:35:00	125	41	11	2	4
115	55:20:00	Richard	Lin	Fearless Endurance	M	40-49	22:47	120	2:25	30:08:00	122	74	16	2	2
116	56:32:00	Jennifer	Neemann	Fleet Feet Laguna Niguel	F	40-49	24:39:00	132	1:49	30:04:00	120	42	9	2	4
117	56:50:00	Glenn	Nakasaki		M	50-59	28:02:00	143	2:55	25:53:00	85	75	30	2	3
118	57:39:00	Maria	Nguyen	Ripped Tide	F	40-49	20:59	94	1:35	35:05:00	140	43	10	2	4
119	57:49:00	Ron	Schultz	Newport Coast Tri Team	M	60-69	25:21:00	133	2:59	29:29:00	118	76	6	2	3
120	58:26:00	David	Basok	Team Fossil	M	60-69	22:14	113	3:28	32:44:00	134	77	7	2	3
121	58:37:00	Stephanie	Realsen	Fearless Endurance	F	50-59	23:37	128	2:15	32:45:00	135	44	12	2	5
122	59:08:00	Julio	Sanchez	Newport Coast Tri Team	M	60-69	25:40:00	136	2:37	30:51:00	127	78	8	2	3
123	1:00:08	Cyndi	Russell	Newport Coast Tri Team	F	50-59	21:29	102	1:41	36:58:00	145	45	13	2	5
124	1:00:12	Jerry	Vieau	South Coast Roadrunners	M	70+	25:33:00	134	4:42	29:57:00	119	79	1	10	3
125	1:00:32	Terri	Fallon	Nova/Seals	F	50-59	19:59	91	1:20	39:13:00	148	46	14	2	5
126	1:02:54	Pearl	Ly	TriLaVie	F	40-49	22:10	112	3:47	36:57:00	144	47	11	2	4
127	1:04:02	Marcus	Malone	Ripped Tide	M	40-49	26:07:00	138	3:07	34:48:00	139	80	17	2	2
128	1:04:12	Mackenzie	Van Waveren	Newport Coast Tri Team	F	19under	30:07:00	146	2:40	31:25:00	128	48	5	2	4
129	1:04:13	Robert	Paredes	Ripped Tide	M	40-49	30:25:00	148	1:16	32:32:00	133	81	18	2	2
130	1:04:15	Jason	Shum	Ripped Tide	M	40-49	28:26:00	145	2:19	33:30:00	137	82	19	2	2
131	1:04:16	Danielle	van Waveren	Newport Coast Tri Team	F	40-49	30:09:00	147	2:40	31:27:00	129	49	12	2	4
132	1:04:32	Darlene	Karsting	TriLaVie	F	30-39	27:08:00	140	1:35	35:49:00	142	50	12	2	4
133	1:06:26	Kirsten	Hirneisen	South Coast Roadrunners	F	30-39	22:58	124	1:58	41:30:00	150	51	13	2	5
134	1:09:52	Jesse	Barraza	Ripped Tide	M	40-49	27:20:00	141	3:24	39:08:00	147	83	20	2	2
135	1:09:57	Keenan	Bull	Ripped Tide	M	40-49	33:36:00	151	1:11	35:10:00	141	84	21	2	2
136	1:10:36	Susan	Nguyen		F	20-29	31:46:00	149	2:08	36:42:00	143	52	5	2	4
137	1:11:05	Maria	Korcsmaros	Newport Coast Tri Team	F	60-69	28:08:00	144	1:44	41:13:00	149	53	4	4	5
138	1:11:09	Adam	Farzaneh		M	30-39	21:45	108	3:17	46:07:00	151	85	19	2	2
139	1:27:03	Erica	Rifat		F	30-39	27:52:00	142	4:40	54:31:00	152	54	14	2	4
Relay	32:36:00	Sara	Van Dyke	Fleet Feet Laguna Niguel	F	20-29	Relay		0:29	16:59	3		1	3	
Relay	32:36:00	Sorrel	Hanson	Fleet Feet Laguna Niguel	F	50-59	15:08	23	0:29	Relay			1	3	1
Relay	38:20:00	Scott	Van Horn	Strive Omni Sport	M	50-59	Relay		0:25	22:38	54		2	2	
Relay	38:20:00	Keith	Vogelgesang	Strive Omni Sport	M	40-49	15:17	27	0:25	Relay			2	2	2
Relay	40:32:00	Randy	Franz		M	60-69	Relay		0:28	24:27:00	73		3	1	
Relay	40:32:00	Bonnie	Rogers		F	60-69	15:37	29	0:28	Relay			3	1	5
Relay	41:51:00	Mike	Brodie	Ripped Tide	M	40-49	Relay		0:19	20:13	18		4	1	
Relay	41:51:00	Jeff	Wilson	Ripped Tide	M	40-49	21:19	99	0:19	Relay			4	1	2
Relay	43:30:00	Nam	Lam	Team Elite	F	40-49	Relay		0:28	20:16	20		5	1	

Place	Time	First	Last	Team	Gender	Age Group	Swim Time	Swim Place	T1	Run Time	Run Place	Gender Place	Division Place	Individual Points	Wave
Relay	43:30:00	Sherri	Ellerby	Team Elite	F	50-59	22:46	118	0:28	Relay			5	1	5
Relay	44:20:00	Brian	Kari	South OC Masters	M	40-49	Relay		0:24	27:42:00	106		6	1	
Relay	44:20:00	Will	Jedynak	South OC Masters	M	20-29	16:14	32	0:24	Relay			6	1	2
Relay	50:47:00	Marcel	Chinen	Ripped Tide	M	30-39	Relay		0:25	28:03:00	109		7	1	
Relay	50:47:00	Preston	Kuo	Ripped Tide	M	40-49	22:19	114	0:25	Relay			7	1	2
Relay	52:51:00	Andrew	Smidt		M	30-39	Relay		0:31	32:03:00	132		8	1	
Relay	52:51:00	Ruben	Mendivil		M	20-29	20:17	93	0:31	Relay			8	1	2
Relay	53:15:00	Brenda	Gustin	Newport Coast Tri Team	F	60-69	Relay		0:32	30:14:00	123		9	1	
Relay	53:15:00	Steven	Swagel	Newport Coast Tri Team	M	50-59	22:29	116	0:32	Relay			9	1	3
Relay	55:22:00	Adriana	Huynh		F	20-29	Relay			34:04:00	138		10	1	
Relay	55:22:00	Renzel	Javier		M	20-29	Relay			Relay			10	1	2
Relay	57:32:00	Vijay	Kumar	Ripped Tide	M	40-49	Relay		0:28	38:04:00	146		11	1	
Relay	57:32:00	Lilian	Hernandez	Ripped Tide	F	50-59	19:00	77	0:28	Relay			11	1	5
Relay	59:43:00	Joe	Hudson	Newport Coast Tri Team	M	40-49	Relay		0:59	26:21:00	89		12	1	
Relay	59:43:00	Katie	Hudson	Newport Coast Tri Team	F	40-49	32:23:00	150	0:59	Relay			12	1	4
Relay		Laila	Shaaban		F	19under				28:38:00	112			1	4
Relay		Ankit	Patadia		M	40-49	26:08:00	139	7:19	Relay				1	2

Coveathlon #4: 1K Swim Only

Place	Time	First	Last	Team	Age	Gender	Gdr Place	Age Group	Age Place	Individual Points
1	0:13:00	Brad	Hibbard	ClubSport Aliso Viejo	50	M	1	50-59	1	2
2	0:14:22	Gabriel	Widarto	ClubSport Aliso Viejo	19	M	2	19under	1	1
3	0:14:34	Sophie	Polay	Nova/Seals	19	F	1	19under	1	2
4	0:14:34	Marcel	Widarto	ClubSport Aliso Viejo	40	M	3	40-49	1	1
5	0:14:56	Tico	Clark		50	M	4	50-59	2	1
7	0:15:25	Mara	Ordaz	Nova/Seals	50	F	2	50-59	1	1
6	0:15:25	Dan	Joyce	ClubSport Aliso Viejo	50	M	5	50-59	3	1
8	0:16:00	Joanne	Saul-Zachau	South OC Masters	60	F	3	60-69	1	1
9	0:16:15	Penny	Hosken		30	F	4	30-39	1	1
10	0:16:24	Andrew	Heine		30	M	6	30-39	1	1
11	0:16:27	John E	Ashbrook	ClubSport Aliso Viejo	50	M	7	50-59	4	1
12	0:17:06	Tammy	Lackey	Strive Omni Sport	50	F	5	50-59	2	1
13	0:18:29	Jeff	Thompson	Newport Coast Tri Team	60	M	8	60-69	1	1
14	0:18:53	Becky	Mintz		40	F	6	40-49	1	1
15	0:18:59	David	Guez		40	M	9	40-49	2	1
16	0:19:14	Christie	Stroupe	ClubSport Aliso Viejo	40	F	7	40-49	2	1
17	0:19:24	Shelly	Sheldahl		40	F	8	40-49	3	1
18	0:21:28	Chris	Lenihan		40	M	10	40-49	3	1
19	0:21:30	Sara	Gilles	Strive Omni Sport	50	F	9	50-59	3	1
20	0:24:34	Andrew	Soderberg	Pure Ride Cycles	40	M	11	40-49	4	1
21	0:27:02	Claudia	de avila	Newport Coast Tri Team	50	F	10	50-59	4	1
22	0:30:07	Jimena	Sanitbanez	Newport Coast Tri Team	40	F	11	40-49	4	1

Coveathlon #4: 5K Run Only

Place	Time	First	Last	Team	Age	Gender	Gdr Place	Age Group	Age Place	Pace	Individual Points
1	0:17:43	Noah	Read	Fleet Feet Laguna Niguel	40	M	1	40-49	1	5:42	4
2	0:18:31	Derrick	Grassmann	Fleet Feet Laguna Niguel	19	M	2	19under	1	5:58	3
3	0:20:13	Kaila	Newell	Fleet Feet Laguna Niguel	20	F	1	20-29	1	6:31	4
4	0:20:35	Suzanne	Becker	Fleet Feet Laguna Niguel	30	F	2	30-39	1	6:38	3

Place	Time	First	Last	Team	Age	Gender	Gdr Place	Age Group	Age Place	Pace	Individual Points
5	0:20:57	Kerri	Marchionni	Fleet Feet Laguna Niguel	40	F	3	40-49	1	6:45	2
6	0:21:04	Ian	Read	Fleet Feet Laguna Niguel	50	M	3	50-59	1	6:47	2
7	0:21:17	Malire	Lozada		20	F	4	20-29	2	6:51	1
8	0:21:47	Tristan	Becker	Fleet Feet Laguna Niguel	30	M	4	30-39	1	7:01	1
9	0:21:51	Rachael	Carnes	Fleet Feet Laguna Niguel	30	F	5	30-39	2	7:02	1
10	0:22:33	Chris	Hall	Fleet Feet Laguna Niguel	30	M	5	30-39	2	7:16	1
11	0:23:04	Brian	Valparaiso	Pure Ride Cycles	50	M	6	50-59	2	7:26	1
12	0:23:42	Patrick	Grassmann	Fleet Feet Laguna Niguel	50	M	7	50-59	3	7:38	1
13	0:23:59	Maria	Perfetto	Fleet Feet Laguna Niguel	30	F	6	30-39	3	7:44	1
14	0:24:24	Scott	Pickford	Laguna Beach Track Club	50	M	8	50-59	4	7:52	1
15	0:24:36	Brooke	Gyepes	Fleet Feet Laguna Niguel	30	F	7	30-39	4	7:56	1
16	0:25:14	Kristin	Metcalfe	Fleet Feet Laguna Niguel	30	F	8	30-39	5	8:08	1
17	0:25:18	Grant	Newell	Fleet Feet Laguna Niguel	20	M	9	20-29	1	8:09	1
18	0:25:35	Joan	Vincent		60	F	9	60-69	1	8:15	1
19	0:25:48	Adriana	Collins	Fleet Feet Laguna Niguel	30	F	10	30-39	6	8:19	1
20	0:25:57	Ann	Lewis	OC Tri N Run	50	F	11	50-59	1	8:22	1
21	0:25:57	Shelby	Whitny	Fleet Feet Laguna Niguel	30	F	12	30-39	7	8:22	1
22	0:26:00	Denise	Zueller	Fleet Feet Laguna Niguel	30	F	13	30-39	8	8:23	1
23	0:26:19	Ellyn	Moll	Merrill Lynch	20	F	14	20-29	3	8:29	1
24	0:26:26	Vincent	Marchionni	Fleet Feet Laguna Niguel	60	M	10	60-69	1	8:31	1
25	0:26:27	Alisha	Sullivan	ClubSport Aliso Viejo	50	F	15	50-59	2	8:31	1
26	0:26:35	Amy	Komatsuzaki		50	F	16	50-59	3	8:34	1
27	0:27:08	Michele	Loranger	Fleet Feet Laguna Niguel	50	F	17	50-59	4	8:45	1
28	0:27:29	Jane	Deeley	Fleet Feet Laguna Niguel	64	F	18	60-69	2	8:51	1
29	0:27:44	Danielle	Chapman		40	F	19	40-49	2	8:56	1
30	0:28:12	Kylene	Miles	Nova/Seals	30	F	20	30-39	9	9:05	1
31	0:28:14	Rebecca	Patrick	Fleet Feet Laguna Niguel	40	F	21	40-49	3	9:06	1
32	0:28:37	Marnie	Henziak	Merrill Lynch	40	F	22	40-49	4	9:13	1
33	0:28:41	Sandra	Peetoom		50	F	23	50-59	5	9:15	1
34	0:29:04	Jamie	O'Donnell	Fleet Feet Laguna Niguel	30	F	24	30-39	10	9:22	1
35	0:29:13	David	Heckmann	Pure Ride Cycles	50	M	11	50-59	5	9:25	1
36	0:29:31	Oscar	Bander		30	M	12	30-39	3	9:31	1
37	0:29:58	Tereza	Newcomb		40	F	25	40-49	5	9:40	1
38	0:31:25	Craig	Standridge		30	M	13	30-39	4	10:08	1
39	0:31:43	Kevin	Henderson	Fleet Feet Laguna Niguel	60	M	14	60-69	2	10:13	1
40	0:32:07	Ruben	Johnson	Nova/Seals	30	M	15	30-39	5	10:21	1
41	0:32:14	Lisa	Stelly	Pure Ride Cycles	40	F	26	40-49	6	10:23	1
42	0:32:42	Megan	Lord		40	F	27	40-49	7	10:32	1
43	0:32:53	Kim	Greenberg		30	F	28	30-39	11	10:36	1
44	0:33:12	Mydung	Tran	South OC Masters	50	F	29	50-59	6	10:42	1
45	0:33:27	Chase	Alexander		30	M	16	30-39	6	10:47	1
46	0:35:13	Stephanie	Farrington	Newport Coast Tri Team	50	F	30	50-59	7	11:21	1
47	0:36:54	Lana	Counts		30	F	31	30-39	12	11:54	1
48	0:39:00	Kurt	Sulzbach	Laguna Beach Track Club	40	M	17	40-49	2	12:34	1
49	0:41:31	Ben	Chastain	Pure Ride Cycles	40	M	18	40-49	3	13:23	1
50	0:41:35	Monsie	Diaz		20	F	32	20-29	4	13:24	1
51	0:42:26	Taryn	Moll	Merrill Lynch	60	F	33	60-69	3	13:41	1
52	0:42:26	Dalia	Medina	Fleet Feet Laguna Niguel	50	F	34	50-59	8	13:41	1
53	0:50:15	Angela	Padron	Strive Omni Sport	30	F	35	30-39	13	16:12	1